

KICE KINGSCOTE CANTEEN MENU

Homemade Hot Food

Sausage Roll	\$5.30
Roasted Veg & Fetta Roll (V)	\$5.30
Bruschetta- Tomato, pesto & Cheese (V)	\$5.50
Nachos- Corn Chips, Salsa, Cheese (V/GF/LF)	\$6.25
+ Sour cream \$0.25 + Guacamole	\$1.00
Soup (Terms 2 & 3)	\$3.00
Butter Chicken & Rice (GF/LF) Sml \$4.50	\$8.50
Sweet N Sour Chicken & Rice (GF/LF) Sml \$4.50	\$8.50
Lasagne- Beef OR Vegetarian	\$8.50
Spaghetti Bolognese	\$7.50
Tomato & Vegie Pasta & Cheese (V)	\$6.50
Burger- Beef Pattie, Sauce, Cheese, Tomato, Lettuce & Aioli	\$8.50
Chicken Burger- Schnitzel, Cheese, Tomato, Lettuce & Aioli	\$8.50
Veggie Burger- Veggie, Pattie Cheese, Tomato, Lettuce & Aioli	\$8.00

Hot Food

Pie / Pastie / Sausage Roll	\$5.50
Plain Hot Dog	\$5.20
Hot Dog with Bacon & Cheese	\$6.00

GF-Gluten Free LF-Lactose Free V- Vegetarian O- Option

GREEN- ENJOY EVERY DAY AMBER- ENJOY IN MODERATION

Salads

Quinoa, Cranberry, Avo & Toasted Pumpkin Seeds with citrus dressing (GF/LF/V) (Monday & Tuesday)	\$8.50
Caesar- Lettuce, Bacon, Egg, Cheese, Croutons, Aioli	\$8.50
Salad Pack- Egg, Carrot, Alfalfa, Tomato, Cheese & Avo	\$8.00
Roasted Vegetable, fetta, Caramelised Onion & Hummus (GF/LFO/V) (Wednesday & Thursday)	\$8.50
Add Chicken	\$2.00

Sandwiches (GFO)

Vegemite	\$3.00
Cheese & Salad/ Ham & Cheese	\$5.00
Add Chicken/Ham/Cheese/Avo	\$1.00
Toasted Sandwich (2 Fillings)	\$6.00
Add Ham, Cheese, Chicken, Tomato, Avo	\$0.50ea

Rolls/Wraps

Chicken Caesar /Ham cheese salad/Cheese salad	\$8.50
Sushi with Soy Sauce (GFO/VO) (Wednesday & Thursday)	
Chicken & Cucumber/Cucumber & Avo 6 pieces	\$7.00
Wasabi + \$0.20 9 pieces	\$10.00

Cold Rolls (GF/LF) with Satay Sauce (Monday & Tuesday)

Chicken/Prawn/Tofu Pack of 2	\$5.00	Pack of 4	\$10.00
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Savoury Snacks

Mini Pie / Mini Sausage Roll	\$2.50
Homemade Mini Ham & Cheese Quiche	\$2.50
Steamed Dim Sim (V)	\$2.00
Chicken Schnitzel Strips with Tomato Sauce	\$3.00
Cheese, Tomato, Cucumber, Rice Cracker Pack (V/GF)	\$1.00
Corn on the Cob (GF/LF/V)	\$1.00

Sweet Snacks

Fruit Popsicle (GF/LF/V)	\$1.00
Fruit Salad (GF/LF/V)	\$3.00
Biscuits \$1.00 Gluten Free/Vegan Biscuit	\$2.50
Cake	\$3.50
Bliss Slice (GF/LF/V)	\$1.00

Drinks

Smoothies-Choc Banana/Mango, Pineapple & Coconut (GF/LFO/V)	\$5.00
Plain Milk 250ml	\$2.50
Choc or Vanilla Low fat/no added sugar Milk 250ml	\$3.50
340ml	\$4.50
Water 600ml \$3.80 750ml \$4.80 1.25L	\$6.50
Sparkling Water 450ml	\$4.00
Slushie	\$2.50