



KICE WELLBEING STATEMENT

At KICE we are committed to Positive Education. This approach to wellbeing is proactive rather than reactive. Instead of focussing on problems and issues, Positive Education aims to build the resilience and mental health of school communities so that when challenges happen, we have the internal resources to meet them, deal with them and move forward.

Teachers and leaders use learning intentions and the positive education practices as informed by the Berry Street model, to support students to be partners in their learning, to feel connected and build on their strengths.

AT KICE the following beliefs underpin our strategy and the associated programmes.

- We believe wellbeing and resilience as essential components to learning outcomes and lifelong success.
- We believe that wellbeing is conducive to academic success and personal/professional fulfilment.
- We believe in creating classrooms that nurture meaningful interaction and engagement.
- We believe that everyone has different strengths and can be encouraged to develop them in new and creative ways.
- We believe failure needs to be recognised as an important part of achievement, and growth in resilience.

At the different campuses we tailor programmes to suit the needs of the students.

Programmes include

Berry Street Education Model
Student Voice and Student Leadership
What's the Buzz?
Bucket Fillers
True Grit
Duke of Edinburgh Award
Children's University
Mindfulness
Mentoring
Child Protection Curriculum

Activities include

Special Days to celebrate diversity, positive emotions and body image
Film making sharing key messages about wellbeing
Bush Dance
Camps and Excursions with a wellbeing focus
Volunteering
Random acts of Kindness and gratitude
Breakfast Clubs
Student Run Assemblies and events
Break time activities and groups

***For further support or information contact a member of the wellbeing leadership team.**

Parndana – Heidi Grieg R-12 Penneshaw- Louise Snowball R-9, Kingscote- Years R-5 Hannah Morgan and Years 6-12 Cameron Stewart (2020) Jessie Young & Courtney Trethewey (2021)