

Kingscote Campus Canteen 2020

 Green = healthy option  Amber = ok in small portions

HOT FOOD

 Mini Pasty	w/s \$2.70	\$2.50
 Mini Meat Pie	w/s \$2.70	\$2.50
 Mini Sausage Roll	w/s \$2.70	\$2.50
 Meat Pie	w/s \$5.50	\$5.30
 Pastie	w/s \$5.50	\$5.30

"HOMEMADE" HOT FOOD

 Mini Quiche	(eggs, pastry)	\$3.50
 Spinach&Cheese Parcel	(spinach, ricotta, pastry)	\$5.00
 Homemade Soup	(terms 2 & 3 only)	\$3.00
 Mini Cheese Burger	(beef pattie, cheese, bun)	\$3.50
 Pasta Cup	(spiral pasta, cheese and/or sauce)	\$4.50
 Savoury Scroll	(scroll with assorted fillings)	\$4.00
 Pizza	(ham and pineapple) 1/2	\$3.00
 Pizza	(BBQ chicken) 1/2	\$3.00
 Toasted Sandwich	(ham, cheese,)	\$6.00
 YUMBO	(hot ham & cheese, roll)	\$6.50
 Nachos	(corn chips, salsa, cheese) S/cream extra 20c	\$6.50
 Egg & Bacon Roll	(egg, bacon, roll)	\$7.00
 Bruschetta	(tomato, basil)	\$5.50
 Pirate Burger	(fish, lettuce, tartare, bun)	\$7.50
 Stir Fry	(meat, mixed vegetables, sauce, rice)	\$8.50
 Stir Fry 1/2 Serve	(meat, mixed vegetables, sauce, rice)	\$4.50
 Mac & Cheese	(pasta, sauce, cheese)	\$8.00
 Lasagne	(pasta, meat sauce, cheese)	\$8.50
 Fried Rice	Rice ,veg,bacon,onion	\$8.00
 Fried Rice 1/2 Serve	Rice ,veg,bacon,onion	\$4.50
 Chicken Madras Curry	(mild)	\$8.50

 Chicken Madras Curry	(mild) 1/2 Serve	\$4.50
 Mango Chicken Curry	(mild)	\$8.50
 Mango Chicken Curry	(mild) 1/2 Serve	\$4.50
 Burgers	(beef/chicken, salad, wholemeal bun)	\$8.50

"HOMEMADE" COLD SAVOURY

 Wholemeal Roll/bread	(buttered)	\$2.50
 + per filling	(eg. lettuce, tomato, cheese, cucumber)	\$0.50
 Premade Sandwiches	(variety)	\$6.00
 Wraps	(variety)	\$8.50
 Salad Packs	(mixed salad, meat additional \$1)	\$8.00

"HOMEMADE" SNACKS

 Survival Packs	(selection of sliced vegies, cheese)	\$2.00
 Fruit Skewers	(selection of fruit on a blunt skewer)	\$2.00
 Pop Corn	(small serve)	\$2.00

"HOMEMADE" SWEETS

 Biscuits	Variety	\$1.00
 Protein Balls	variety	\$1.00
 Muffins	variety	\$2.50
 Weetabix Slice		\$3.00
 Cake	(carrot, banana)	\$3.50

COLD FOOD & DRINK

 Frozen Yoghurt Tub		\$2.50
 Plain Milk		\$2.50
 Water (600ml)		\$3.80
 Soda Water		\$3.60
 Pump Water		\$4.80

Menu and Price List

Canteen Manager:
Dianne 8553 2074

Assistant: Karen

How to order:

* Using the QKR app.
Download app to your phone/device,
order and pay online from home.

* Write order on a paper bag
including your child's name, class
and correct money. Drop off in
morning

* Order direct from the canteen
before recess each day



Kangaroo Island
COMMUNITY EDUCATION

Our aims are:

- * to provide healthy food at affordable prices
- * to help children make healthy food and drink choices
- * to reduce, reuse and recycle all waste possible